

# WHAT CAN YOU RECYCLE?

We've put together a full list of items that can be put into your recycling bin, as well as items that are not allowed. Simply click on each of the categories below, left for all the do's and don'ts.

Please note, that all items should be empty, rinsed, and clean. It's also important to remember not to shred, box, bag or bundle the recyclables. And no plastic bags, please.

## METAL

## PLASTIC

## GLASS

## PAPER & CARDBOARD



### Acceptable

- Aerosol containers (food grade only)
- Aluminum foil
- Cans & bottles
- Foil containers
- Metal lids from cans & bottles

### Unacceptable

- Aerosol containers (deodorizers, cleaners, pesticides, etc.)
- Foil tops from yogurt containers
- Paint cans
- Pots & pans
- Small pieces of scrap metal
- Spiral wound containers

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## Acceptable

- Plastic bottles (with or without caps attached)
- Plastic containers, tubs & lids
- Plastic one-use cups (no lids, no straws)

## Unacceptable

- Loose bottle caps
- Plastic bags & wrap
- Plastic plates, bowls & utensils
- Prescription bottles
- Single-use coffee containers
- Styrofoam cups, containers & packaging peanuts
- Water filters

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## Acceptable

Beverage bottles & jars  
Food bottles & jars

## Unacceptable

Ceramic mugs & plates  
Drinking glasses

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## Acceptable

- Cardboard & boxboard (empty and flatten)
- Food & beverage cartons
- Junk mail
- Magazines & newspaper inserts
- Newsprint
- Office paper
- Pizza boxes
- Take-out food containers

## Unacceptable

- Gift wrap & gift bags
- Ice cream containers
- Paper cups (hot & cold)
- Shredded paper
- Tissue paper